Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		—2019 Winter	/Spring Weekly	Schedule—		
		Tennis 201 10-11:30am		Tennis 201 10-11:30am	Tennis 101 9-10am	
Stroke of the Week 12-1pm	Stroke of the Week 12-1pm	Stroke of the Week 12-1pm	Stroke of the Week 12-1pm	Stroke of the Week 12-1pm		
Off Campus Academy 2:30-4:30pm	Off Campus Academy 2:30-4:30pm	Off Campus Academy 2:30-4:30pm	Off Campus Academy 2:30-4:30pm	Off Campus Academy 2:30-4:30pm		
Pee Wees 5-5:45pm	Academy Development 5-6:30pm	Pee Wees 5-5:45pm				N
Turbo 5-6pm	Tornado 5-6:30pm	<mark>Turbo</mark> 5-6pm	Tornado 5-6:30pm			
			Academy Development 5-6:30pm			
Tennis 201 6-7:30pm	Tennis 101 6-7pm	Tennis 201 6-7:30pm	Sip 'N Serve			
Tennis 301 6-7:30pm		Tennis 301 6-7:30pm	6:30-7pm 7-8:30pm			10

# **Upcoming Events:**

## January

14: Mens Social League Begins-TBA

19: FREE Adult Clinic 9-10am

19: Community BBQ 12:30-1:30pm

26: Strategy Clinic -Inside vs Outside 9:00-11:00am

## February

2: Super Bowl Mixer 8:30-11:30am

16: Open Play Breakfast Tacos & Mimosas 9am-12pm

#### March

23: FREE Adult Clinic 9am-10am 23: Community BBQ 12:30-1:30pm

#### April

20: Open Play Breakfast Tacos & Mimosas 9am-12pm

## **Pros:**

 $Rob\ Lowe \qquad \qquad Director\ of\ Tennis\ /r.lowe@cliffdrysdale.com$ 

 $\label{lem:commutation} \textit{Kristie Reid} \qquad \qquad \textit{Tennis Professional/Jr Program Director /k.reid@cliffdrysdale.com}$ 

Amar Saletovic Tennis Professional /a.saletovic@cliffdrysdale.com

Off Campus Academy Weekly Sessions from August 21, 2018 - May 24, 2019









#### **Tennis 101:** \*\*FREE! ALL NEW! Tennis 101 Boot Camp For Adult Beginners\*\*

Tennis 101 is for beginner/Novice players. This complimentary monthly 4 week series will provide you with the basic skills and knowledge to move forward with confidence in our tennis programs. Come and join in, have some fun and see yourself grow into this life long sport.

#### **Tennis 201:** Members: \$20 | Non-Members \$25

Provides the opportunity to improve and practice technical efficiency, to build a strong foundation to compete with and against the pro during live ball drills/points helping to enhance your tennis experience. This clinic is perfect for tennis 101 graduates

#### Tennis 301: Members: \$20 | Non-Members \$25

This advanced coed adult tennis clinic is tailored to 4.0+ players. The clinic provides the opportunity to play live ball drills/points with and against the pros and raise your game to the next level. 4.0 to 5.5 levels welcome

## Sip'N Serve: Live Ball & Sip'N Serve: Members: \$10 | Non-Members \$15 | Sip'N Serve Only: Members: \$5 | Non-Members \$10

#### Live Ball: 6:30-7:00pm Sip 'N Serve: 7:00-8:30pm

Join us for a new kind of Tennis Program that is flexible and fits your schedule and it doesn't matter if you are brand new to the game, play on a regular basis or dusting off the high school racquets. This program is perfect for Tennis 101 graduates and Instant Tennis players (Participants must be 18+). All participants will enjoy 30 minutes of fun tennis, live balls, drills, and points with a Tennis Professional! Open play, pizza, and drinks to follow! All levels are welcome to join the evening.

## **Stroke of the Week:** Members: \$15 | Non-Members \$20

This tennis session is technically and tactically themed which focuses on one specific shot selection. For 2 weeks, we will build on repetition to enhance areas of your game. Stroke of the 2 Weeks is great for pre-match preparation, building technical efficiency, and enhancing your shot selection.

#### Pee Wees (4-6): Members: \$20 | Non-Members \$25

Walden Tiny Tots is an introduction to tennis that utitilizes a smaller court and shorter racquets to enable earlier rally/play. Focus is on hand-eye coordination, racquet skills, basic movement, strokes, and most importantly FUN!

#### Turbo (7-10)/ Top Gun (8-11): Members: \$20 | Non-Members \$25

This class continues to Introduce tennis related techniques, movement, and the concept of rallying, as well as games designed to help learn the concepts of tennis in a fun and enjoyable style.

#### Tornado (12-15) Members: \$20 | Non-Members \$25

This class is for junior looking to get started with a lifetime sport. Tornados is customized for beginners and will teach the basic court fundamentals as well as rules and etiquette.

#### Academy Development (12+) Members: \$20 | Non-Members \$25

This program is for intermediate to advance players and features dynamic drills to refine players technique and consistency, point play and conditioning to improve player's fitness.

#### Academy Development (12+): Members: \$20 | Non-Members \$25

This Academy Training class is for intermediate to advanced level players who want to work in a team environment to improve on all aspects of their game. Using advanced teaching methods, dynamic drills and match play options we strive to push juniors towards Academy Performance.

#### Academy Performance (12+): Members: \$20 | Non-Members \$25

#### AP CLINIC IS DESIGNED FOR TOURNAMENT LEVEL PLAYERS.

This program is for Advanced tournament driven players. We utilize advanced training methods such as live ball drills, competitive point play and conditioning to prepare players to compete at a high level.

## Academy Weekend Training (12+): Members: \$20 | Non-Members \$25

Academy weekend training is designed for training purposes to help integrate players towards competitive play.

## Off Campus Tennis Academy (11-14): August 21, 2018 - May 24, 2019 Members: \$10/hr | Non-Members \$12/hr

Walden Off Campus Academy provides the very best tennis coaching on the court to replace the students' P.E. credit. This program is offered to ages 11-14 (6,7,& 8 grade). The Walden Off Campus program welcomes homeschool students to participate and learn the game of tennis.

#### Clinic Policies and Procedures:

Clinics will be canceled due to inclement weather or temperature below 35 degrees. Tennis 101 and 201 classes missed due to inclement weather can be made up in the following session. If 1 person shows up for a 1 hour clinic then they will receive a 30 minute private lesson and the 1 ½ hour clinic will be a 1 hour private lesson.